



The Journey of the Soul

Samark Winter Retreat

Wali & Arienne with Friends

Feb. 9 – 15, 2019

Khankah Samark, Germany

*Dances & Walks, Storytelling, Sesshin,
Feedback Sessions, Sufi Practices
& Dharma Talk*

Retreat & Training

This retreat is for all lovers of the dances who want to deepen and refresh the Dances of Universal Peace in an international community.

With the feedback sessions, the retreat can serve as training for those who are in the process of becoming a dance teacher.

The theme also makes the retreat ideal for beginning or more advanced students of the spiritual path in general and more specifically the Sufi Path.

We will work with the Dances of Universal Peace, Zikr, Sesshin (one silent day of sitting and dancing), Storytelling, Dharma Talk, Sufi morning practices and of course joy, for 'Joy is the natural state of the heart'.

The Journey of the Soul

On her journey to earth, the soul passes through the 'worlds' of the angels and the jinns, to end up in a human body. When the body stops breathing, the soul returns to her source. Somehow, the soul needs to do this in order to fulfill the purpose of creation. In us lingers the memory of this journey and with this memory also the jinn and angelical side of our being. Part of the spiritual path is to try to awaken this memory so it can serve ourselves and others during the short time we live in our physical body.

In this retreat, we will work with Inayat Khan's teachings on this subject and with the teachings of classical Sufism – like Ibn 'Arabi's *imaginal* world – and other spiritual paths on the soul. As always in these retreats, the ultimate goal is not to 'know' more, but to be able to apply some of the teachings in daily life.

Program

We deepen the program and the dances in the morning sessions. Every other afternoon is for supervision sessions led by (emerging) dance teachers. We invite the more advanced teachers to guide the students with us and offer feedback on this process as a way of training towards the process of mentoring. The evening is for Dance and Celebration, Ritual and Zikr. All sessions will be English spoken with translation into German.

Khankah Samark

After many years in Estonia and the Czech Republic, the Winter Retreat is now firmly established in Khankah Samark. The Khankah with its intimacy and homelike feel, good food and warm atmosphere (both within and without) is ideally suited for this kind of Retreat.



The stunning view and nature invites you to walks in the area, the rooms are like at home.

Travel tips

When booked early, trains into Germany can be very cheap. Check [Deutsche Bahn](#) (in English). Also, see our website for more on this or travel by car or plane. Best fly to Cologne or Düsseldorf. For more, see our website under 'Contact and how to get there'.

The leaders of the retreat



Ariënne & Wali van der Zwan have been leading workshops in Europe and beyond for almost two decades. Both are senior teachers in the Mentor Teachers Guild (MTG) and the Sufi Ruhaniyat (SRI).

They offer training and have students in many EU countries and beyond.

Their style of leading brings strength together with beauty, depth with lightness, joy with energy, clarity & focus with ease. Their co-teaching allows for interweaving of masculine and feminine energies.

Financial & Practical Information

The costs for the workshop are €520,= all in. Single rooms are € 100,= extra. Some concession available for €430,= (not for single rooms).

Participants of the Czech Republic, Russia, the Baltics or other soft currency countries are directly sponsored by us.

Maximum of 18 participants in chronological order of paid deposit (€ 100,= / € 150,= for single room) or full amount.

Please add 'deposit EU Retreat 2019' and see our website for our cancellation policy.

NB: Please book early, as this retreat had a waiting list the previous years.

W. van der Zwan, Unterbirkholz

IBAN: DE59370502990341553326, BIC: COKSDE33

Please confirm your deposit by E-mail. Contact us if you live outside the Eurozone or want to use PayPal.

Khankah Samark can lodge up to eighteen participants. We have limited single rooms and mostly double rooms. You secure your place and bedroom by an early deposit. Unfortunately, all single rooms already are taken.

The retreat will start Saturday evening with the evening meal and will end the next week Saturday after breakfast, in time to travel home on the same day.

Participants will receive the list of participants, the itinerary and further information about a week before the retreat.



Wali & Ariënne van der Zwan

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